

# PATRICE ARMOUR

**EARLY CHILDHOOD “TOTS” GYMNASTICS DIRECTOR  
RHYTHMIC GYMNASTICS COACH**



PATRICE ARMOUR BEGAN HER TRAINING AS A RHYTHMIC GYMNAST UNDER THE COACHING OF HER MOTHER WANDA ARMOUR. AT THE AGE OF 10 SHE TRAINED IN BEIJING, CHINA TO FURTHER HER SKILLS IN RHYTHMIC GYMNASTICS. HER TRAINING IN GYMNASTICS OFFERED MANY OPPORTUNITIES TO PERFORM FOR BOOKER T. WASHINGTON HIGH SCHOOL, TULSA CITY COUNCIL, AND OLYMPIC TRACK GOLD MEDALIST MADELINE MANNING MIMS. PATRICE RECEIVED A DANCE SCHOLARSHIP TO ST. GREGORY'S UNIVERSITY IN SHAWNEE, OK. AFTER COLLEGE SHE MOVED TO NEW YORK CITY TO WORK AS HEAD COACH AND PROGRAM DIRECTOR FOR THE WENDY HILLIARD GYMNASTICS FOUNDATION IN HARLEM, NY FROM 2005-2014. NOW BACK IN TULSA, OK SHE WORKS AT OKLAHOMA EXTREME TUMBLING AND TRAMPOLINE IN BIXBY, OK.

**“MY MISSION IN LIFE IS TO SERVE MY  
COMMUNITY THROUGH THE JOY OF  
GYMNASTICS & INTRODUCE THEM TO  
THE BEAUTY THAT IS  
RHYTHMIC GYMNASTICS”  
-PATRICE ARMOUR**